

# JUNE

2021

## EHS SUMMER BREAKFAST MENU



<p><b>m</b></p>	<p><b>t</b></p> <p>4 oz. Milk ½ slc Buttered WW Toast 1 Tbsp. Grape Jam ¼ c Mixed Fruit</p> <p>1.</p>	<p><b>w</b></p> <p>4 oz. Milk ½ oz. Sausage Patty ¼ c Sliced Bananas</p> <p>2.</p>	<p><b>th</b></p> <p>4 oz. Milk 1 Breakfast Taco ¼ c Diced Pineapples</p> <p>3.</p>	<p><b>f</b></p> <p>4 oz. Milk ½ Apple Muffin ¼ c Oranges</p> <p>4.</p>
<p>4 oz. Milk ½ oz. Turkey Patty ¼ c Cinnamon Applesauce</p> <p>7.</p>	<p>4 oz. Milk ½ c Kix Cereal ¼ c Diced Peaches</p> <p>8.</p>	<p>4 oz. Milk 1/8 c Scrambled Eggs ½ slc Buttered WW Toast</p> <p>9.</p>	<p>4 oz. Milk ½ WW Bagel 1 Tbsp. Cream Cheese ¼ c Diced Pineapples</p> <p>10.</p>	<p>4 oz. Milk ¼ c Cream of Wheat ¼ c Diced Pears</p> <p>11.</p>
<p>4 oz. Milk 1 Ham Omelet ½ slc Butter WW Toast ¼ c Berry Blend</p> <p>14.</p>	<p>4 oz. Milk 1-4" Pancake ¼ c Cinnamon Applesauce</p> <p>15.</p>	<p>4 oz. Milk ½ c Cheerios ¼ c Sliced Bananas</p> <p>16.</p>	<p>4 oz. Milk 1 Sausage Patty &amp; Biscuit Sandwich ¼ c Mandarin Oranges</p> <p>17.</p>	<p>4 oz. Milk ½ slc Cinnamon Bread ¼ c Diced Pears</p> <p>18.</p>
<p>4 oz. Milk 1 Biscuit &amp; Gravy ¼ c Mixed Fruit</p> <p>21.</p>	<p>4 oz. Milk ½ Egg &amp; Cheese Burrito ¼ c Sliced Bananas</p> <p>22.</p>	<p>4 oz. Milk 1 slc Breakfast Pizza ¼ c Diced Pineapples</p> <p>23.</p>	<p>4 oz. Milk 1 Strip French Toast ¼ c Applesauce</p> <p>24.</p>	<p>4 oz. Milk ¼ Sausage Breakfast Sandwich ¼ c Diced Peaches</p> <p>25.</p>
<p>4 oz. Milk ¾ c Brown Sugar Oatmeal ¼ c Oranges</p> <p>28.</p>	<p>4 oz. Milk ½ slc Buttered Toast 1 Tbsp. Grape Jam ¼ c Mixed Fruit</p> <p>29.</p>	<p>4 oz. Milk ½ oz. Sausage Patty ¼ c Sliced Bananas</p> <p>30.</p>	<p>Special Announcements:</p>	



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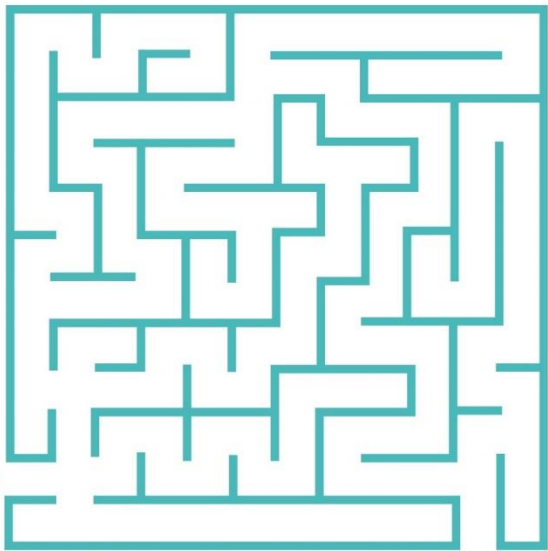
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# INTERNATIONAL SPACE STATION PORK

Astronauts first arrived at the International Space Station in November 2000. More than 230 astronauts from 19 different countries have spent time in the space station since then. They conduct research in the zero-gravity environment. The astronauts live and work in an area larger than a six-bedroom house. The space station orbits the earth at height of about 250 miles and completely circles the earth about 16 times a day. The solar panel array that powers it is so big that sometimes you can look up and see the space station moving across the sky at dawn or dusk.

## MARTIAN MAZE



## DID YOU KNOW?

Pork is a protein food that is used in many recipes like pork chops, pulled pork tacos, and jambalaya.

Did you know that pork is an excellent source of nutrients such as protein, thiamin, niacin, vitamin B-6, and phosphorus? It is also a good source of potassium, zinc, and riboflavin.



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