

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Sept**

**FEED YOUR CREATIVITY**



**Announcements:**

4 oz. Milk  
1 oz.. Hamburger  
1 lettuce Leaf & Tomato Slice  
1/8 c Tater Tots  
1/8 c Diced Strawberries

4 oz. Milk  
1/2 Chicken Fajitas  
1/8 c. Refried Beans  
1/8 c. Shredded Lettuce  
1/8 c. Apricots

4 oz. Milk  
1 oz. Salisbury Steak  
2 Tbsp. Brown Gravy  
1/8 c. Mashed Potatoes  
1/4 c/ Roasted Broccoli  
1/2 slc. WW Bread  
1/8 c. Mixed Fruit

4 oz.. Milk  
1 pc. Lasagna  
1/8 c. Peas & Carrots  
1/8 c. Apricots  
1/4 WW Dinner Roll

4 oz.. Milk  
1/2 Bean & Cheese Burrito  
1/8 c Diced Tomatoes & Lettuce Salad  
1/8 c Sliced Apples



4 oz. Milk  
1/2 Grilled Chicken Patty  
1/8 c. Green Beans  
1/4 c. Brown Rice  
1/8 c. Diced Strawberries  
1/2 slc. WW Bread

4 oz. Milk  
3/4 c. Beef Spaghetti  
1/8 c. Broccoli & Cheese  
1/2 WW Dinner Roll  
1/8 c. Raspberries

4 oz. Milk  
1/3 c. Beef Goulash  
1/8 c. Sliced Carrots  
1/8 c. Diced Strawberries  
1/4 WW Dinner Roll

4 oz. Milk  
2 Fish Sticks  
1/8 c. Sweet Potato Wedges  
1/8 c Berry Blend  
1/2 slc. WW Bread

4 oz. Milk  
1/2 Grilled Ham & Cheese  
1/8 c. Tomato Soup  
1/8 c. Mixed Fruit

4 oz. Milk  
1 oz.. Grilled Chicken Patty  
1/8 c. Green Beans  
1/4 c. Brown Rice  
1/8 c. Diced Strawberries  
1/2 slc. WW Bread

4 oz. Milk  
4 Beef Ravioli Pies  
1/8 c. Mangos  
1/8 c. Corn  
1/2 slc Garlic Toast

4 oz. Milk  
1/2 Chicken Enchilada  
1/8 c. Refried Beans  
1/8 c. Tossed Salad  
1/8 c. Mangos

4 oz. Milk  
2 Steak Fingers  
2 Tbsp. White Gravy  
1/8 c. Mashed Potatoes  
1/2 slc. Texas Toast  
1/8 c. Apricots

4 oz. Milk  
1/2 Chicken Quesadilla  
1/4 c Spanish Rice  
1/8 c. Diced Tomatoes  
1/8 c. Berry Blend

4 oz.. Milk  
1/2 Beef Sloppy Joe  
1/8 c. Baked Beans  
1/8 c. Shredded Carrots  
1/8 c. Diced Pineapples

4 oz. Milk  
1 oz.. Hamburger  
1 lettuce Leaf & Tomato Slice  
1/8 c Tater Tots  
1/8 c Diced Strawberries

4 oz. Milk  
6 Popcorn Chicken  
1/8 c. Sweet Potato Fries  
1/8 c. Snap Peas  
1/8 c. Apricots  
1/2 slc. WW bread

4 oz. Milk  
1/2-4x6" Cheese Pizza Slice  
1/8 c. Tossed Salad  
1/8 c. Diced Strawberries

4 oz. Milk  
1.5 oz.. Sliced Ham  
1/4 c. Macaroni & Cheese  
1/8 c. Snap Peas  
1/8 c. Fresh Apple Slices  
1/2 WW Dinner Roll

4 oz. Milk  
3 Chicken Nuggets  
1/8 c. Tossed Salad  
1/8 c. Sweet Potato Fries  
1/8 c. Mangoes  
1/2 WW Dinner Roll

4 oz. Milk  
1 pc. Lasagna  
1/8 c. Peas & Carrots  
1/8 c. Apricots  
1/4 WW Dinner Roll

4 oz.. Milk  
1 pc. Lasagna  
1/8 c. Peas & Carrots  
1/8 c. Apricots  
1/4 WW Dinner Roll

