

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Announcements:

		<p>4 oz. Milk 1</p> <p>3 Chicken Nuggets</p> <p>1/8 c. Sweet Potato Fries</p> <p>1/8 c. Tossed Salad</p> <p>1/8 c. Mangos</p> <p>½ WW Dinner Roll</p>	<p>4 oz. Milk 2</p> <p>1 pce. Lasagna</p> <p>1/8 c. Peas & Carrots</p> <p>1/8 c. Apricots</p> <p>1/4 WW. Dinner Roll</p>	<p>4 oz. Milk 3</p> <p>1/2 Bean & Cheese Burrito</p> <p>1/8 c Lettuce & Tomato Salad</p> <p>1/8 c. Apple Slices</p>
<p>6</p> <p>4 oz. Milk</p> <p>4 oz Beef & Bean Chili</p> <p>½ pce Corn Muffin</p> <p>1/8 c. Squash</p> <p>1/8 c. Pears</p>	<p>7</p> <p>4 oz. Milk</p> <p>½ Chicken Fajitas</p> <p>1/8 c. Refried Beans</p> <p>1/8 c. Shredded Lettuce</p> <p>1/8 c. Apricots</p>	<p>8</p> <p>4 oz. Milk</p> <p>½ Breaded Pork Patty</p> <p>1/8 c. Mashed Potatoes</p> <p>2 Tbsp. Gravy</p> <p>1/8 c. Roasted Broccoli</p> <p>½ slc. WW Bread</p> <p>1/8 c. Mixed Fruit</p>	<p>9</p> <p>4 oz. Milk</p> <p>3 oz. Beef Goulash</p> <p>1/8 c. Carrots</p> <p>1/8 s. Diced Strawberries</p> <p>½ WW Dinner Roll</p>	<p>10</p> <p>4 oz. Milk</p> <p>2 Fish Sticks</p> <p>1/8 c. Sweet Potato Wedges</p> <p>1/8 c. Berry Blend</p> <p>½ slc. WW Bread</p>
<p>13</p> <p>4 oz. Milk</p> <p>½ Grilled Ham & Cheese</p> <p>1/8 c. Tomato Soup</p> <p>1/8 c. Mixed Fruit</p>	<p>14</p> <p>4 oz. Milk</p> <p>1 oz. Grilled Chicken Patty</p> <p>1/8 c. Green Beans</p> <p>¼ c. Brown Rice</p> <p>1/8 c. Diced Strawberries</p> <p>½ slc . WW Bread</p>	<p>15</p> <p>4 oz. Milk</p> <p>6 oz Beef Spaghetti</p> <p>1/8 c. Broccoli & Cheese</p> <p>1/2 WW Dinner Roll</p> <p>1/8 c. Raspberries</p>	<p>16</p> <p>4 oz. Milk</p> <p>½ Chicken Enchiladas</p> <p>1/8 c. Refried Beans</p> <p>1/8 c. Tossed Salad</p> <p>1/8 c. Mangos</p>	<p>17</p> <p>4 oz. Milk</p> <p>2 Steak Fingers</p> <p>1/8 c. Mashed Potatoes</p> <p>2 Tbsp. Gravy</p> <p>1/8 c. Apricots</p> <p>¼ slc. Texas Toast</p>

Enjoy Your Winter Break!



Happy Holidays!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
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