

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Announcements:

		<p>1 Tbsp. Peanut Butter ¹ 4 (.5 oz.) Wheat Crackers</p>	<p>1 (.5 oz.) Whole Grain Muffin ² ½ c. Mandarin Oranges</p>	<p>¼ c (2 oz.) Vanilla Yogurt ³ ½ c. Cheerios</p>
<p>1 slc. (.5 oz.) Han ⁶ 4 (.5 oz.) Wheat Thins</p>	<p>½ Soft Pretzel Rod ⁷ 1 Wild Watermelon Applesauce Cup</p>	<p>1 oz. Sliced Cheese ⁸ ½ c Peaches</p>	<p>¼ c. (2 oz.) Vanilla Yogurt ⁹ ½ c (.5 oz.) Chex Cereal</p>	<p>¼ c. (.5 oz.) Gold Fish ¹⁰ 4 oz. Milk</p>
<p>4 (.5 oz.) Wheat Crackers ¹³ ½ oz. Sliced Cheese</p>	<p>1 Tbsp. Peanut Butter ¹⁴ 2 (.5 oz.) Graham Crackers Squares* * Graham crackers are not to be serve to children under 1 yr.</p>	<p>½ c. Sliced Banana ¹⁵ 1/4 c. (2 oz.) Strawberry Yogurt</p>	<p>½ c. Shredded Carrots ¹⁶ 1 Tbsp. Ranch 1 oz. Sliced Cheese</p>	<p>8 (.5 oz.) Animal Crackers ¹⁷ 4 oz. Milk</p>

Enjoy Your Winter Break!



Happy Holidays!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Food and Nutrition Division
Nutrition Assistance Programs



Updated 1/1/2021
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