

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Announcements:

		<p>1-3x5 slc Breakfast Pizza 1</p> <p>¼ c. Pineapple</p> <p>6 oz. Milk</p>	<p>1 French Toast Stick 2</p> <p>½ c. Applesauce</p> <p>6 oz. Milk</p>	<p>½ Sausage Breakfast Sandwich 3</p> <p>½ c. Diced Peaches</p> <p>6 oz Milk</p>
<p>¾ c. Brown Sugar Oatmeal 6</p> <p>¼ c. Oranges</p> <p>6 oz. Milk</p>	<p>½ slc. WW Toast 7</p> <p>1 Tbsp. Jam</p> <p>½ c. Mixed Fruit</p> <p>6 oz. Milk</p>	<p>1 oz. Turkey Patty 8</p> <p>½ Banana</p> <p>6 oz. Milk</p>	<p>1 Breakfast Taco 9</p> <p>½ c. Pineapples</p> <p>6 oz. Milk</p>	<p>¾ c. Cream of Wheat 10</p> <p>¼ c. Raisins</p> <p>6 oz. Milk</p>
<p>1 oz. Turkey Patty 13</p> <p>½ c. Cinnamon Applesauce</p> <p>6 oz. Milk</p>	<p>½ c. Kix Cereal 14</p> <p>½ c. Diced Peaches</p> <p>6 oz. Milk</p>	<p>¼ c. Scrambled Eggs 15</p> <p>½ slc. WW Toast</p> <p>½ c. Oranges</p> <p>6 oz. Milk</p>	<p>½ (.5 oz) WW Bagel 16</p> <p>1 Tbsp. Cream Cheese</p> <p>½ c. Pineapples</p> <p>6 oz. Milk</p>	<p>¾ c. Cream of Wheat 17</p> <p>½ c. Pears</p> <p>6 oz. Milk</p>

Enjoy Your Winter Break!



Happy Holidays!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
 Nutrition Assistance Programs



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 www.SquareMeals.org