

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

May

FEED YOUR CREATIVITY



Announcements:

<p>4 oz. Milk 2</p> <p>½ Chicken Quesadilla</p> <p>¼ c. Spanish Rice</p> <p>1/8 c. Diced Tomato</p> <p>1/8 c. Berry Blend</p>	<p>4 oz. Milk 3</p> <p>½ Sloppy Joe Sandwich</p> <p>1/8 c. Baked Beans</p> <p>1/8 c. Carrot Sticks</p> <p>1/8 c. Diced Pineapple</p>	<p>4 oz. Milk 4</p> <p>6 Beef Ravioli Pies</p> <p>1/8 c. Mangos</p> <p>1/8 c. Corn</p> <p>¼ slc Garlic Toast</p>	<p>4 oz. Milk 5</p> <p>6 Popcorn Chicken</p> <p>1/8 c. Sweet Potato Fries</p> <p>1/8 c. Peas</p> <p>1/8 c Apricots</p> <p>½ slc WW Bread</p>	<p>4 oz. Milk 6</p> <p>1/2-4x6" Cheese Pizza</p> <p>1/8 c. Tossed Salad</p> <p>1/8 c. Strawberries</p>
<p>4 oz. Milk 9</p> <p>1.5 oz.. Sliced Ham</p> <p>¼ c. Macaroni & Cheese</p> <p>1/8 c. Peas</p> <p>1/8 c. Fresh Diced Apples</p> <p>½ WW Dinner Roll</p>	<p>4 oz. Milk 10</p> <p>3 Chicken Nuggets</p> <p>1/8 c. Sweet Potato Fries</p> <p>1/8 c. Diced Mangos</p> <p>½ WW Roll</p>	<p>4 oz. Milk 11</p> <p>1 oz. Hamburger</p> <p>1 Lettuce Leaf & Tomato</p> <p>1/8 c. Tater Tots</p> <p>1/8 c. Strawberries</p>	<p>4 oz. Milk 12</p> <p>1 pc Lasagna</p> <p>1/8 c. Peas and Carrots</p> <p>1/8 c. Apricots</p> <p>¼ WW Dinner Roll</p>	<p>4 oz. Milk 13</p> <p>1/2 Bean & Cheese Burrito</p> <p>1/8 c. Lettuce & Tomatoes</p> <p>1/8 c. Diced Apple</p>
<p>4 oz. Milk 16</p> <p>1 Soft Beef Taco</p> <p>1/8 c. Black Beans</p> <p>1/8 c. Diced Peaches</p>	<p>4 oz. Milk 17</p> <p>½ Chicken Fajitas</p> <p>1/8 c. Refried Beans</p> <p>1/8 c Shredded Lettuce</p> <p>1/8 c. Apricots</p>	<p>4 oz. Milk 18</p> <p>1 oz. Salisbury Steak</p> <p>1/8 c Mashed Potatoes & Gravy</p> <p>¼ c Broccoli</p> <p>½ slc WW Bread</p> <p>1/8 c Mixed Fruit</p>	<p>4 oz. Milk 19</p> <p>1/3 c Beef Goulash</p> <p>1/8 c Carrots</p> <p>1/8 c Strawberries</p> <p>½ WW Dinner Roll</p>	<p>4 oz. Milk 20</p> <p>2 Fish Sticks</p> <p>1/8 s Sweet Potato Wedges</p> <p>1/8 c Berry Blend</p> <p>½ slc WW Bread</p>
<p>4 oz. Milk 23</p> <p>½ Grilled Ham & Cheese</p> <p>1/8 c Tomato Soup</p> <p>1/8 c Mixed Fruit</p>	<p>4 oz. Milk 24</p> <p>1 Grilled Chicken Patty</p> <p>1/8 c Green Beans</p> <p>¼ c Brown Rice</p> <p>1/8 Strawberries</p> <p>½ slc WW Bread</p>	<p>4 oz. Milk 25</p> <p>¾ c Beef Spaghetti</p> <p>1/8 c Broccoli & Cheese</p> <p>½ WW Dinner Roll</p> <p>¼ c Raspberries</p>	<p>4 oz. Milk 26</p> <p>½ Chicken Enchilada</p> <p>1/8 c Refried Beans</p> <p>1/8 c. Tossed Salad</p> <p>1/8 c. Diced Mangos</p>	<p>2 Steak Fingers & Gravy 27</p> <p>1/8 c. Mashed Potatoes</p> <p>1/8 c. Apricots</p> <p>¼ slc Texas Toast</p>
<p>NO SCHOOL 30</p> <p>MEMORIAL DAY</p>	<p>4 oz. Milk 31</p> <p>1 Soft Beef Tacos</p> <p>1/8 c Refried Beans</p> <p>1/8 c. Apricots</p>			<p>Celebrate</p> <p>SCHOOL LUNCH HERO DAY</p> <p>May 1</p>



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
 Nutrition Assistance Programs



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 www.SquareMeals.org