

Wrap Around Summer Program Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3RD

4TH

5TH

6TH

7TH

Happy Independence Day

10TH

6 oz Milk
1 Chicken Quesadilla
1/4 c Spanish Rice
1/4 c Diced Tomatoes
1/4 c Diced Peaches

11TH

6 oz Milk
1 oz Diced Chicken
1/4 c Green Beans
1/4 c Brown Rice
1/4 c Strawberries

12TH

6 oz Milk
3/4 c Beef Spaghetti
1/4 c Snap Peas
1 WW Dinner Roll
1/4 c Raspberries

13TH

6 oz Milk
1/2 Chicken Enchilada
1/4 c Refried Beans
1/4 c Tossed Salad
1/4 c Manos

14TH

6 oz Milk
1 Grilled Ham & Cheese
1/4 c Tomato Soup
1/4 c Mixed Fruit

17TH 6 oz Milk

1 Soft Beef Taco
1/8 c Diced Tomatoes
1/4 c Refried Bean
1/4 c Diced Apricots

18TH

6 oz Milk
1/2 Sloppy Joe
1/8 c Baked Beans
1/4 c Carrots Sticks
1/4 c Diced Pineapple

19TH

6 oz Milk
3/4 c Chicken Spaghetti
1/4 c Roasted Broccoli
1/2 sls Garlic Bread
1/4 c Oranges

20TH

6 oz Milk
1 oz Sliced Ham
1/4 c Macaroni & Cheese
1/4 c Snap Peas
1/4 c Mangos

21ST

6 oz Milk
1 Bean & Cheese Burrito
1/8 c Diced Tomatoes & Lettuce Salad
1/4 c Sliced Apples

24TH 6 oz Milk

1 Chicken Quesadilla
1/4 c Spanish Rice
1/4 c Diced Tomatoes
1/4 c Diced Peaches

25TH

6 oz Milk
1 oz Diced Chicken
1/4 c Green Beans
1/4 c Brown Rice
1/4 c Strawberries

26TH 6 oz Milk

3/4 c Beef Spaghetti
1/4 c Snap Peas
1 WW Dinner Roll
1/4 c Raspberries

27TH

6 oz Milk
1/2 Chicken Enchilada
1/4 c Refried Beans
1/4 c Tossed Salad
1/4 c Mangos

28TH

6 oz Milk
1 Grilled Ham & Cheese
1/4 c Tomato Soup
1/4 c Mixed Fruit

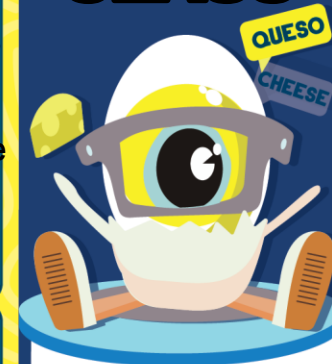
31^S

6 oz Milk
1 Soft Beef Taco
1/8 c Diced Tomatoes
1/4 c Refried Bean
1/4 c Diced Apricots

JUL

MENU 2023

GEAR UP FOR
SPANISH CLASS



ANNOUNCEMENTS:

- TBD



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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