

GOPB Head Start Lunch Menu

FEB
MENU 2024

**JOHNSON
SPACE
CENTER**



ANNOUNCEMENTS:

- February 9th Professional Development Day No School
- February 19th Bad Weather Day No School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 ST 3/4 c. Lasagna 1/4 c. Peas & Carrots 1/4 c. Apricots 1/2 WW Dinner Roll 6 oz. Milk	2 ND 1 Bean & Cheese Burrito 1/8 c. Diced Tomato 1/4 c. Apple Slices 6 oz. Milk
5 TH 1/2 c. Beef & Bean Chili 1 Corn Muffin 1/4 c. Squash 1/4 c. Pears 6 oz. Milk	6 TH 1/2 Chicken Fajitas 1/8 c. Refried Beans 1/4 c. Shredded Lettuce 1/4 c. Apricots 6 oz. Milk	7 TH Breaded Pork Patty 1/4 c. Mashed Potatoes 1/4 c. Broccoli 1/2 sl. WW Bread 1/4 c. Tropical Fruit 6 oz. Milk	8 TH 3/4 c. Goulash 1/4 c. Carrots 1/4 c. Strawberries 1/2 WW Roll 6 oz. Milk	9 TH Professional Development Day No School
12 TH 1 Grilled Ham & Cheese 1/4 c. Tomato Soup 1/4 c. Mixed Fruit 6 oz. Milk	13 TH Chicken Patty 1/4 c. Broccoli 1/4 c. Fried Rice 1/4 c. Strawberries 1/2 sl. WW Bread 6 oz. Milk	14 TH 3/4 Spaghetti 1/4 Green Beans 1 WW Roll 1/4 c. Raspberries 6 oz. Milk	15 TH 1/2 Chicken Enchilada 1/4 c. Refried Beans 1/4 c. Tossed Salad 1/4 c. Mangos 6 oz. Milk	16 TH 4 Steak Fingers 1/4 c. Mashed Potatoes 1/4 c. Apricots 1/4 sl. Texas Toast 6 oz. Milk
19 TH Bad Weather Day No School	20 TH 1/2 Sloppy Joe 1/8 c. Baked Beans 1/4 c. Carrot Sticks 1/4 c. Diced Pineapple 6 oz. Milk	21 ST 6 Beef Ravioli Pies 1/4 c. Corn 1/4 c. Mango 1/2 sl. WW Garlic Toast 6 oz. Milk	22 ND 3/4 c. Potato Soup 1/4 c. Apricots 1/2 WW Roll 6 oz. Milk	23 RD 1 sl. Cheese Pizza 1/4 c. Shredded Carrots 1/4 c. Strawberries 6 oz. Milk
26 TH 1/2 c. Chicken Spaghetti 1/4 c. Broccoli 1/4 c. Raspberries 1/2 sl. Garlic Bread 6 oz. Milk	27 TH 1/2 Hamburger 1 sl. Lettuce/Tomato 1/4 c. Tater Tots 1/4 c. Mandarin Oranges 6 oz. Milk	28 TH 5 Chicken Nuggets 1/8 c. Sweet Potato Fry 1/8 c. Tossed Salad 1/4 c. Mangos 1/2 WW Roll 6 oz. Milk	29 TH 3/4 c. Lasagna 1/4 c. Peas & Carrots 1/4 c. Apricots 1/2 WW Roll 6 oz. Milk	



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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