

GOPB Head Start Snack Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5TH
1 Soft Pretzel
1 Watermelon
Applesauce Cup

6TH
Activity: Yogurt Parfait
¼ c. Vanilla Yogurt
½ c. Chex Cereal
¼ c. Diced Strawberries

7TH
String Cheese
½ c. Pears

1ST
Activity: Fruit Pizza
½ Bagel
1 Tbsp. Cream Cheese
½ c. Strawberries

2ND
¼ c. Vanilla Yogurt
1 oz. Granola

12TH
4 Wheat Crackers
½ oz. Cheese

13TH
Activity: PB Crackers
1 Tbsp. Peanut Butter
2 Graham Crackers

14TH
½ c. Carrot Sticks
1 String Cheese

8TH
Activity: Pinwheels
1 Tbsp. Cream Cheese
1 WW Tortilla
1 sl. Ham

9TH
Professional
Development Day

No School

15TH
Activity: Banana Split
½ c. Banana
¼ c. Vanilla Yogurt
1 Tbsp. Dark Chocolate
Chips

16TH
8 Animal Crackers
4 oz. Milk

19TH
Bad Weather Day

No School

20TH **Activity: Cracker
Stacker**
4 Wheat Crackers
1 sl. Ham
1 Tbsp. Cream Cheese

21ST
2 Graham Crackers
¼ c. Yogurt

22ND **Activity: Ants On
A Boat**
1 Tbsp. Peanut Butter
½ c. Apple Slices
1/8 c. Raisins

23RD
Whole Grain Muffin
4 oz. Milk

26TH
½ c. Applesauce
¼ c. Gold Fish

27TH **Activity: PB Roll
Up**
1 Tbsp. Peanut Butter
1 WW Tortilla
1 Tbsp. Grape Jam

28TH
1 pkg. Teddy Grahams
½ c. Pears

29TH **Activity: Fruit Pizza**
½ Bagel
1 Tbsp. Cream Cheese
½ c. Strawberries

FEB

MENU 2024

JOHNSON SPACE CENTER



ANNOUNCEMENTS:

- February 9th
Professional
Development Day
No School
- February 19th
Bad Weather Day
No School



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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