

GOPB Early Head Start Lunch Menu

FEB

MENU 2024

JOHNSON SPACE CENTER



ANNOUNCEMENTS:

- February 9th Professional Development Day No School
- February 19th Bad Weather Day No School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 ST 3/4 c. Lasagna 1/8 c. Peas & Carrots 1/8 c. Apricots 1/4 WW Dinner Roll 4 oz. Milk	2 ND 1/2 Bean & Cheese Burrito 1/8 c. Diced Tomato 1/8 c. Apple Slices 4 oz. Milk
5 TH 1/2 c. Beef & Bean Chili 1 Corn Muffin 1/8 c. Squash 1/8 c. Pears 4 oz. Milk	6 TH 1/2 Chicken Fajitas 1/8 c. Refried Beans 1/8 c. Shredded Lettuce 1/8 c. Apricots 4 oz. Milk	7 TH Breaded Pork Patty 1/8 c. Mashed Potatoes 1/8 c. Broccoli 1/2 sl. WW Bread 1/8 c. Mixed Fruit 4 oz. Milk	8 TH 1/2 c. Goulash 1/8 c. Carrots 1/8 c. Strawberries 1/4 WW Roll 4 oz. Milk	9 TH Professional Development Day No School
12 TH 1/2 Grilled Ham & Cheese 1/8 c. Tomato Soup 1/8 c. Mixed Fruit 4 oz. Milk	13 TH Chicken Patty 1/8 c. Broccoli 1/4 c. Fried Rice 1/8 c. Strawberries 1/2 sl. WW Bread 4 oz. Milk	14 TH 3/4 Spaghetti 1/8 Green Beans 1/2 WW Roll 1/8 c. Raspberries 4 oz. Milk	15 TH 1/2 Chicken Enchilada 1/8 c. Refried Beans 1/8 c. Tossed Salad 1/8 c. Mangos 4 oz. Milk	16 TH 2 Steak Fingers 1/8 c. Mashed Potatoes 1/8 c. Apricots 1/4 sl. Texas Toast 4 oz. Milk
19 TH Bad Weather Day No School	20 TH 1/2 Sloppy Joe 1/8 c. Baked Beans 1/8 c. Shredded Carrots 1/8 c. Diced Pineapple 4 oz. Milk	21 ST 4 Beef Ravioli Pies 1/8 c. Corn 1/8 c. Mango 1/2 sl. WW Garlic Toast 4 oz. Milk	22 ND 3/4 c. Potato Soup 1/8 c. Apricots 1/2 WW Roll 4 oz. Milk	23 RD 1/2 sl. Cheese Pizza 1/8 c. Shredded Carrots 1/8 c. Strawberries 4 oz. Milk
26 TH 1/2 c. Chicken Spaghetti 1/8 c. Broccoli 1/8 c. Raspberries 1/4 sl. Garlic Bread 4 oz. Milk	27 TH 1/2 Hamburger 1 Tbsp. Diced Tomatoes 1/8 c. Tater Tots 1/8 c. Mandarin Oranges 4 oz. Milk	28 TH 3 Chicken Nuggets 1/8 c. Sweet Potato Fry 1/8 c. Tossed Salad 1/8 c. Mangos 1/4 WW Roll 4 oz. Milk	29 TH 3/4 c. Lasagna 1/8 c. Peas & Carrots 1/8 c. Apricots 1/4 WW Roll 4 oz. Milk	



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Food and Nutrition Division
National School Lunch Program



Updated 2/1/2024
www.SquareMeals.org