

# Head Start Breakfast Menu

# APR

## MENU 2024

### PALO DURO CANYON



#### ANNOUNCEMENTS:

- TBD

## MONDAY

1<sup>ST</sup>



## TUESDAY

2<sup>ND</sup> 6 oz. Milk  
½ Egg & Cheese Burrito  
½ c. Bananas

## WEDNESDAY

3<sup>RD</sup> 6 oz. Milk  
1 slc Breakfast Pizza  
½ c. Pineapples

## THURSDAY

4<sup>TH</sup> 6 oz. Milk  
1 French Toast Stick  
½ c. Applesauce

## FRIDAY

5<sup>TH</sup> 6 oz. Milk  
½ Sausage Breakfast Sandwich  
½ c. Peaches

8<sup>TH</sup> 6 oz. Milk  
¼ c. Oatmeal  
¼ c. Raisins

9<sup>TH</sup> 6 oz. Milk  
½ Waffle  
1 Tbsp. Grape Jam  
½ c. Mixed Fruit

10<sup>TH</sup> 6 oz. Milk  
1 oz. Turkey Patty  
½ c. Bananas

11<sup>TH</sup> 6 oz. Milk  
1 Breakfast Taco  
½ c. Pineapples

12<sup>TH</sup> 6 oz. Milk  
1 oz. Apple Muffin  
½ c. Oranges

15<sup>TH</sup> 6 oz. Milk  
1 oz. Turkey Patty  
½ c. Cinnamon Applesauce

16<sup>TH</sup> 6 oz. Milk  
½ c. Cereal  
½ c. Peaches

17<sup>TH</sup> 6 oz. Milk  
¼ c. Scrambled Eggs  
½ Slc WW Toast  
½ c. Oranges

18<sup>TH</sup> 6 oz. Milk  
½ WW Bagel  
1 Tbsp. Cream Cheese  
½ c. Pineapples

19<sup>TH</sup> 6 oz. Milk  
¼ c. Cream of Wheat  
½ c. Pears

22<sup>ND</sup> 6 oz. Milk  
1 Ham, Eggs & Cheese Square  
½ Slc WW Toast  
½ c. Peaches

23<sup>RD</sup> 6 oz. Milk  
1-4" Pancake  
½ c. Cinnamon Applesauce

24<sup>TH</sup> 6 oz. Milk  
½ c. Cereal  
½ c. Bananas

25<sup>TH</sup> 6 oz. Milk  
1 Sausage & Biscuit  
½ c. Oranges

26<sup>TH</sup> 6 oz. Milk  
½ Slc. Cinnamon Bread  
½ c. Pears

29<sup>TH</sup> 6 oz. Milk  
1 Biscuit & Gravy  
½ c. Mixed Fruit

30<sup>TH</sup> 6 oz. Milk  
½ Egg & Cheese Burrito  
½ c. Bananas



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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www.SquareMeals.org