

Early Head Start Breakfast Menu

APR

MENU 2024

PALO DURO CANYON



ANNOUNCEMENTS:

- TBD

MONDAY

1ST



TUESDAY

2ND 4 oz. Milk

½ Egg & Cheese

Burrito

¼ c. Bananas

WEDNESDAY

3RD 4 oz. Milk

1 slc Breakfast Pizza

¼ c. Pineapples

THURSDAY

4TH 4 oz. Milk

1 French Toast Stick

¼ c. Applesauce

FRIDAY

5TH 4 oz. Milk

½ Sausage

Breakfast Sandwich

¼ c. Peaches

8TH 4 oz. Milk

¼ c. Oatmeal

¼ c. Oranges

9TH 4 oz. Milk

½ Waffle

1 Tbsp. Grape Jam

¼ c. Mixed Fruit

10TH 4 oz. Milk

1 oz. Turkey Patty

¼ c. Bananas

11TH 4 oz. Milk

1 Breakfast Taco

¼ c. Pineapples

12TH 4 oz. Milk

1 oz. Apple Muffin

¼ c. Oranges

15TH 4 oz. Milk

1 oz. Turkey Patty

¼ c. Cinnamon

Applesauce

16TH 4 oz. Milk

½ c. Cereal

¼ c. Peaches

17TH 4 oz. Milk

1/8 c. Scrambled Eggs

½ Slc WW Toast

¼ c. Oranges

18TH 4 oz. Milk

½ WW Bagel

1 Tbsp. Cream

Cheese

¼ c. Pineapples

19TH 4 oz. Milk

¼ c. Cream of

Wheat

¼ c. Pears

22ND 4 oz. Milk

1 Ham, Eggs &

Cheese Square

½ Slc WW Toast

¼ c. Peaches

23RD 4 oz. Milk

1-4" Pancake

¼ c. Cinnamon

Applesauce

24TH 4 oz. Milk

½ c. Cereal

¼ c. Bananas

25TH 4 oz. Milk

1 Sausage & Biscuit

¼ c. Oranges

26TH 4 oz. Milk

½ Slc. Cinnamon

Bread

¼ c. Pears

29TH 4 oz. Milk

1 Biscuit & Gravy

¼ c. Mixed Fruit

30TH 4 oz. Milk

½ Egg & Cheese

Burrito

¼ c. Bananas



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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