

# Early Head Start Snack Menu

# APR

## MENU 2024

### PALO DURO CANYON



**ANNOUNCEMENTS:**

- TBD

## MONDAY

1<sup>ST</sup>



## TUESDAY

2<sup>ND</sup> **Activity: Ham Roll-Up**

- 1 slc Ham
- 1 WW Tortilla

## WEDNESDAY

3<sup>RD</sup>

- 1 pk Teddy Grahams
- ½ c. Pear Cup

## THURSDAY

4<sup>TH</sup> **Activity: Fruit Pizza**

- ½ Bagel
- 1 Tbsp. Cream Cheese
- ½ c. Strawberries

## FRIDAY

5<sup>TH</sup>

- ½ c. Cheerios
- ¼ c. Vanilla Yogurt

8<sup>TH</sup>

- ½ Soft Pretzel Rod
- 1 Wild Watermelon Applesauce Cup

9<sup>TH</sup> **Activity: Yogurt Parfait**

- ¼ c. Vanilla Yogurt
- ½ c. Cereal
- ¼ c. Diced Strawberries

10<sup>TH</sup>

- 1 slc Cheese
- ½ c. Pear Cup

11<sup>TH</sup> **Activity: Pinwheels**

- 1 WW Tortilla
- 1 slc Ham

12<sup>TH</sup>

- ¼ c. Gold Fish Crackers
- 4 oz. Milk

15<sup>TH</sup>

- 4-.50 oz Wheat Crackers
- 1 oz Sliced Cheese

16<sup>TH</sup> **Activity: Crackers Dipper**

- ¼ c. Vanilla Yogurt
- 2-.50 oz Graham Crackers

17<sup>TH</sup>

- ½ c. Shredded Carrots
- 1 oz. Slice Cheese

18<sup>TH</sup> **Activity: Banana Split**

- ½ c. Banana
- ¼ c. Vanilla Yogurt

19<sup>TH</sup>

- 4 oz. Milk
- .50 oz. Animal Crackers

22<sup>ND</sup>

- 4 oz. Milk
- ½ Soft Pretzel Rod

23<sup>RD</sup> **Activity: Cracker Stacker**

- 4-.50 oz Wheat Crackers
- 1 slc. Ham

24<sup>TH</sup>

- 2-.50 oz. Graham Crackers
- ¼ c. Vanilla Yogurt

25<sup>TH</sup> **Activity: Ants on a Boat**

- 1 slc Cheese
- ½ c. Diced Fresh Apples

26<sup>TH</sup>

- 4 oz. Milk
- ½ WG Muffin

29<sup>TH</sup>

- ½ c. Applesauce Cup
- ¼ c. Gold Fish Crackers

30<sup>TH</sup> **Activity: Ham Roll-Up**

- 1 slc Ham
- 1 WW Tortilla



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
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