

# April 2025 | Head Start Breakfast Menu



## Announcements:

### Easy Carrot Shaped Snacks



Let's say your child walks through the door and announces you've been signed up for making festive Easter snacks, and you aren't the least bit crafty. I've got you. Head to the local Dollar Store and you'll find the hook-up.

You fill little cone-shaped bags with store-bought snack crackers, tie them with a ribbon, and wala they look like carrots.

## Broccoli

Season in Texas: October - May

### Did you know?

Because there are no machines capable of picking broccoli, it must be harvested by hand, with a knife



| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|---|---|
|   | <b>1</b><br>6 oz Milk<br>1/2 Egg & Cheese Burrito<br>1/2 c Bananas           | <b>2</b><br>6 oz Milk<br>1 slc Breakfast Pizza<br>1/2 c Pineapples                 | <b>3</b><br>6 oz Milk<br>1 French Toast Stick<br>1/2 c Applesauce                     | <b>4</b><br>6 oz Milk<br>1/2 Sausage Breakfast Sandwich<br>1/2 c Peaches  |
| <b>7</b><br>6 oz Milk<br>1/2 Ham & Cheese Croissant<br>1/4 c Raisins  | <b>8</b><br>6 oz Milk<br>1/2 Waffle<br>1 Tbsp Grape Jam<br>1/2 c Mixed Fruit | <b>9</b><br>6 oz Milk<br>1 oz Turkey Patty<br>1/2 slc Toast<br>1/2 c Bananas       | <b>10</b><br>6 oz Milk<br>1 Breakfast Taco<br>1/2 Pineapples                          | <b>11</b><br>6 oz Milk<br>1 oz Apple Muffin<br>1/2 c Oranges  |
| <b>14</b><br>6 oz Milk<br>1 oz Turkey Patty<br>1/2 Biscuit<br>1/2 c Mango Applesauce                            | <b>15</b><br>6 oz Milk<br>1/2 c Corn Flakes<br>1/2 c Bananas                 | <b>16</b><br>6 oz Milk<br>1/4 c Scrambled Eggs<br>1/2 Slice Toast<br>1/2 c Oranges | <b>17</b><br>6 oz Milk<br>1/2 Bagel<br>1 Tbsp Cream Cheese<br>1/2 c Pineapples        | <b>18</b> <b>No School</b><br> |
| <b>21</b> <b>No School</b><br> | <b>22</b><br>6 oz Milk<br>1-4" Pancake<br>1/2 Mango Applesauce               | <b>23</b><br>6 oz Milk<br>1 Turkey & Biscuit Sandwich<br>1/2 Mandarin Oranges      | <b>24</b><br>6 oz Milk<br>1/2 c Cheerios<br>1/2 c Bananas                             | <b>25</b><br>6 oz Milk<br>1/2 slc Cinnamon Bread<br>1/2 c Pears   |
| <b>28</b><br>6 oz Milk<br>1 Biscuit & Gravy<br>1/2 c Mixed Fruit  | <b>29</b><br>6 oz Milk<br>1/2 Egg & Cheese Burrito<br>1/2 c Bananas          | <b>30</b><br>6 oz Milk<br>1 slc Breakfast Pizza<br>1/2 c Pineapples                |  |   |



TEXAS DEPARTMENT OF AGRICULTURE  
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